

# Tree encroachment dynamics in heathlands of north-west Italy: the fire regime hypothesis

Ascoli D, Bovio G

Tree encroachment is one of the primary conservation issues in *Calluna*-heathlands, a priority habitat in Europe. Improving understanding of the ecological factors that trigger transitions to woodlands is key to developing strategies for heathlands management. The irrational use of fire has been recognized as one of the key factors that drives the loss of heathlands of north-west Italy. The effect of high frequency pastoral burning on the replacement of heathlands by grasslands has been documented by several studies. The relationship between fire and tree encroachment is less clear. The paper examines the effect of the fire regime on the encroachment of *Populus tremula* L. and *Betula pendula* Roth. in the heathland. The study was carried out at the Managed Nature Reserve of Vauda (7° 41' E, 45° 13' N), which includes one of the most valuable heathlands of north-western Italy. The experimental design consisted of analysing the age structure, dendrometric variables and the species composition of three aspen and birch stands, circular-shaped and isolated within the heathland matrix. From 1986 to 2009 all stands experienced the same fire regime due to pastoral burning. Wildfires of similar behaviour occurred in 1998, 2003 and 2008 and determined the stand structure observed in 2009. The results evidenced that fire acts as a catalyst not only for seedlings establishment, as previously documented, but also for woodland expansion in the heathland. After initial establishment, stands showed a concentric encroachment dynamic, mainly due to aspen root suckering after post-fire stem mortality, whose steps of expansion coincided with the return interval of wildfires. Moreover, aspen determined the loss of heathland characteristic species, whose relative abundances were inversely correlated to aspen density along a gradient from the stands centre to the surrounding heathland. The regulation of current burning practices by prescribed burning, integrated with rational grazing, presents the next research questions to be addressed.

**Keywords:** Tree encroachment, Heathland, *Populus tremula*, Conservation management, Prescribed burning

## Introduction

Tree encroachment is one of the primary conservation issues in *Calluna vulgaris* (L.) Hull. dominated heathlands (Gimingham 1987), a priority habitat (Habitats directive 92/43/EEC) and one of the most important cultural landscapes in Europe (Ellenberg 1988). Heathlands developed as a consequence of anthropogenic forest clearance

and *Calluna* competition strategies (Kayll & Gimingham 1965, Robinson 1972, Mallik et al. 1984, Read et al. 2004, Bonanomi et al. 2005). Furthermore, heathlands owe their continuance to forestry, pastoral or agricultural activities (Hobbs & Gimingham 1987). Tree felling, rotational burning, grazing and harvesting the vegetation for fodder have been common characteristics of heathland management throughout their range of distribution (Webb 1998).

Woodland encroachment that follows the loss of traditional management practices has been documented extensively for Atlantic heathlands of western and central Europe (Hester et al. 1991, Mitchell et al. 1997, Rode 1999, Manning et al. 2004, Goldammer et al. 2007). In southern Europe, few studies have addressed this issue (Bartolomé et al. 2005, Borghesio 2009), despite a range of concerns regarding tree encroachment. First, *Calluna vulgaris* reaches its ecological and geographical limits and its competitive-

ness is limited when faced with encroachment (Gimingham 1960, Gimingham 1972). Second, the encroachment process occurs faster than in Atlantic regions (Gimingham 1987, Bartolomé et al. 2005, Borghesio 2009), and, lastly, *Calluna*-heathlands are fragmented in vulnerable and restricted areas of high ecological value (Bartolomé et al. 2005, Poldini et al. 2004, Angiolini et al. 2007, Borghesio 2009).

In north-west Italy, *Calluna*-heathlands are secondary coenoses that colonized acidic and oligotrophic soils where *Quercus-Fagetum* forests have been harvested or burned, and were used as pastures or to harvest fodder (Sindaco et al. 2003, Angiolini et al. 2007, Borghesio 2009). Until the post-WWI period, heathlands covered extensive areas (Pavari 1927), but today they are limited to isolated patches within the agricultural and urban mosaic. The majority of remaining heathlands have been designated as "Managed Nature Reserves" (MNR) in order to safeguard them from deterioration and preserve their values through management (Sindaco et al. 2003, Sartori et al. 2004). Despite this protection regime, several studies have observed the loss of the heathland habitat and an increase of woodlands throughout north-west Italy (Regione Piemonte 2004, Garbarino et al. 2006, Angiolini et al. 2007, Borghesio 2009). Improving understanding of the ecological factors that trigger transitions to woodlands is the key to developing strategies for heathlands conservation management.

The irrational use of pastoral burning has been recognized as one of the key factors that drives the loss of *Calluna*-heathlands at the MNR of Vauda, which include one of the most valuable heathlands of north-west Italy (Mugion 1996, Ascoli et al. 2009, Borghesio 2009, Lonati et al. 2009). Uncontrolled fires every 1-5 years characterize the fire regime of extensive heathland areas within the Reserve (Mugion 1996, Borghesio 2009). Local shepherds ignite the fire in the driest months of late winter, using the föhn wind (Cesti 1990) to spread the fire over large areas from the north-west to the south-east side of the Reserve, in order to renew pastures and graze their cattle in spring.

The effect of high frequency burning on the replacement of *Calluna*-heathlands by grasslands has been documented by several studies and authors agree on the ecological processes involved (Mugion 1996, Ascoli et al. 2009, Borghesio 2009, Lonati et al. 2009).

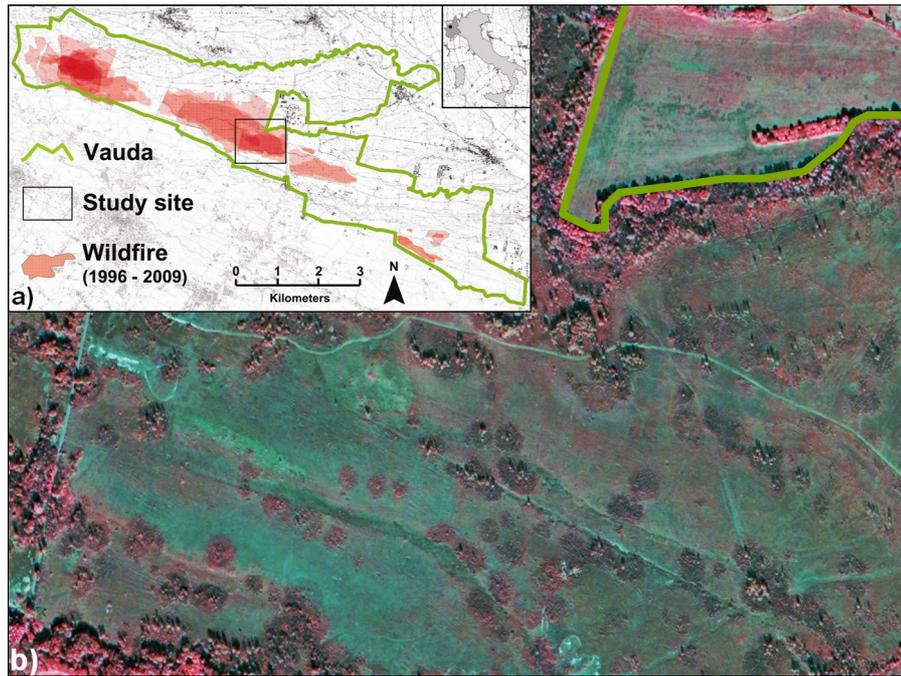
The relationship between the current fire regime and tree encroachment is less clear. A study involving repeated aerial photographs of the MNR of Vauda (1964-2004 period) showed evidence of the gradual loss

✉ Dipartimento Agroselviter, Università di Torino, v. L. da Vinci 44, I-10095 Grugliasco (TO - Italy)

@ Davide Ascoli (d.ascoli@unito.it)

Received: May 03, 2010 - Accepted: May 28, 2010

**Citation:** Ascoli D, Bovio G, 2010. Tree encroachment dynamics in heathlands of Northwest Italy: the fire regime hypothesis. iForest 3: 137-143 [online: 2010-09-27] URL: <http://www.sisef.it/iforest/show.php?id=548>



**Fig. 1** - (a) Map of the Managed Nature Reserve of Vauda showing the Reserve boundaries (green line), the location of the study site (black line) and the areas burnt within 1996 and 2009 (red area). (b) Quickbird satellite image of the study site dating back to 2004 (Regione Piemonte 2004; IPLA S.p.A. ©) showing several isolated forest stands, circular-shaped within the heathland matrix.

of the heathland habitat mainly due to an increase in *Populus tremula* L. (aspen) and *Betula pendula* Roth (birch) woodlands (Regione Piemonte 2004). Moreover, the rate of tree encroachment accelerated in the last two decades, with an increase of 476% in cover of young aspen and birch stands against the loss of 44% of the heathland (Regione Piemonte 2004).

Is this dramatic expansion of woodland related to the current fire regime?

According to Mugion (1996), the elimination of the *Calluna vulgaris* by frequent burning depletes the allelopathic substances produced by its roots, thus opening the way for tree encroachment. Borghesio (2009) reports that frequent, low intensity fires appear to enhance woodland expansion: fire stimulates seed germination and seedling establishment of *Betula pendula* by providing patches of bare soil where competition is low. Moreover, in frequently burned areas, fire intensity is low as a consequence of periodic fuel reduction; consequently the rapid growth of birch seedlings enhances their chances of reaching a stage where they are safe from low intensity fires.

In view of the importance of the heathland habitat in north-west Italy, a better understanding of the relationship between woodland encroachment and the current pastoral burning practices is the key to define suitable management programs for heathland conservation. This paper examines the effect of the

fire regime on the age structure and expansion patterns of *Populus tremula* and *Betula pendula* stands in the *Calluna*-heathland habitat. Finally, it discusses the management implications.

### Materials and methods

The MNR of Vauda is located 20 km N-NE of Torino (7° 41' E, 45° 13' N) and covers an area of 2635 ha at an altitude ranging from 240 to 480 m. The Reserve is located on a fluvio-glacial terrace dated to the Mindel glaciation (c. 400,000 years ago). Soils are ancient and leached, with fairly low pH ( $4.8 \pm 0.1$  - Borghesio 2009). The climate is transitional between continental and sub-oceanic, characterized by a yearly average precipitation of about 1.130 mm, 305 mm of which accumulates during summer. The mean annual temperature is 11.8°C, with monthly means ranging from 1.4°C in January to 22.1°C in July. The driest month is March with, on average, 35 mm of rain and 0.3 days of snow (Lonati et al. 2009).

The study site was located in the central sector of the MNR of Vauda (Fig. 1a), an area with one of the largest heathlands in the Reserve (Mugion 1996). Additionally, over the few last decades the area has been affected by frequent wildfires due to pastoral burning (Borghesio 2009), and has experienced major increases in woodlands (Regione Piemonte 2004).

Analysis of a Quickbird satellite image of

the study area from 2004 (Fig. 1b) showed many isolated, circular shaped stands within the heathland matrix. These stands, mainly constituted by *Populus tremula* and *Betula pendula*, were not present at the end of 1970s (Regione Piemonte 2004). Consequently, they developed during the period of major expansion of woodlands, and their structure could represent a key to better understanding the encroachment dynamics within the heathland in relation to the fire regime of the area.

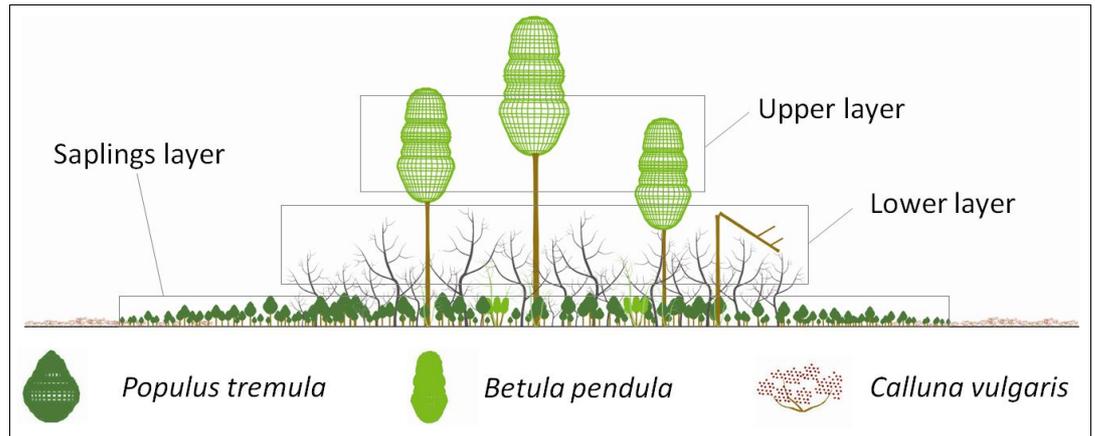
The experimental design consisted of analysing the age structure, dendrometric variables and the species composition of three stands which have been selected on the basis of the following characteristics: i) an area of at least 0.2 ha, so as to be considered a forest stand according to the Italian and Regional normative (D.lgs. 227/2001 and L.R. 4/2009 respectively); ii) the stands had to have a similar size and be surrounded by heathlands on all sides; and iii) all stands had to be affected by the same fire regime.

The age structure and dendrometric variables of each stand were characterized in spring 2009. All stands had a multi-layered structure characterized by three distinct layers (Fig. 2): a low-density upper-layer mainly comprised of *Betula pendula* distributed as individuals with evident fire scars on the trunk; a lower-layer made up of a thick stand of *Populus tremula* and *Betula pendula*, which were all dead; finally, a high density layer of saplings, mainly of *Populus tremula*.

The sampling method was different for each layer:

1. Upper-layer: species, diameter at 1.3 m, tree height, age (by counting rings in cores extracted from the scar area and the non-scarred area of the trunk), height of fire scars, crown mortality (according to 4 classes of crown damage expressed as percentage of the crown volume: 0-33%; 33-66%; 66-99%; 100% or dead) and the georeferenced position (recorded with a GPS) were collected for each individual of the stand;
2. Lower-layer: species, diameter at 1.3 m, height and crown mortality were measured for all of the individuals within 12.56 m<sup>2</sup> circular sampling plots randomly distributed within the stand (5 per stand). Age was measured on a sub-sample of 10 individuals per sampling unit by counting rings of a section cut at the stem base. The perimeter of the area on which the lower-layer persisted was georeferenced with a GPS.
3. Saplings-layer: species, diameter at the root-collar, height and crown mortality were measured for all of the individuals within a 3.14 m<sup>2</sup> circular sampling unit randomly located within the stand (10 per stand). Age was measured on a sub-sample of 10 individuals per sampling unit. The

**Fig. 2** - Illustration showing the multi-layered vertical structure of the studied stands as observed in spring 2009: the upper-layer was comprised only of birch distributed as individuals; the lower-layer was made up of a thick stand of aspen and birch, which were all dead; the saplings-layer was constituted mainly by a high density layer of aspen.



perimeter of the sapling layer was georeferenced with a GPS.

Variable means were compared with the analysis of variance including the year in which wildfires occurred and the stand as fixed factors. Significant differences were tested with the Bonferroni post-hoc range test ( $P < 0.05$ ). Data were examined for homogeneity of variance (Levene test).

The grass and shrub species of the understorey (including tree saplings) were surveyed using the vertical point quadrat method (Daget & Poissonet 1971) along 30-m transects (4 per stand). The transects had origins in the centre of the stand and faced the four cardinal points, in order to assess species abundance along a gradient from the interior of the stand to the surrounding heathland on all sides. In each transect, at each 20-cm interval, species touching a steel needle were identified and recorded. Records were divided into sets corresponding to segments of 5 m in length, which divided each transect into 6 portions progressively distanced from the stand centre. For each segment the absolute number of point intercepts of every species ( $SFi$ ) was calculated. Species relative abundance ( $SCi$ ) for each segment was then calculated according to the following equation (Daget & Poissonet 1971- eqn. 1):

$$SCi = \left( \frac{SFi}{\sum SFi} \right) \cdot 100$$

The  $SCi$  of each species was finally studied in relation to the distance of the segment from the origin (centre of the stand) by linear regression analyses. Correlation analysis was used to test competition between species.

All analyses were performed using the SPSS v.16.0 statistical package (SPSS 2007).

### Results and discussion

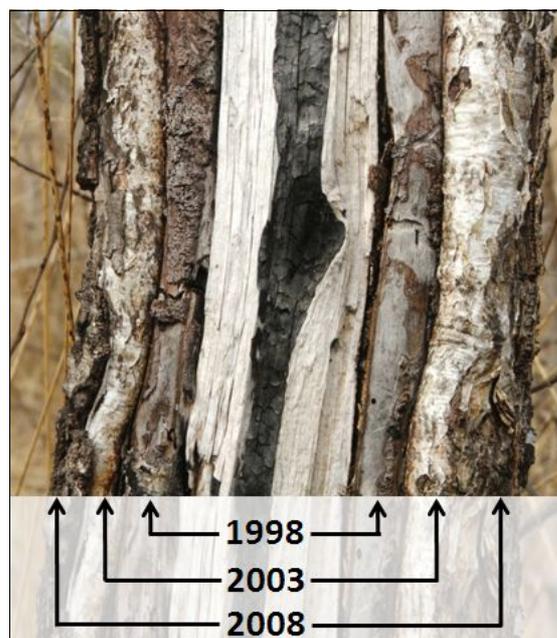
The fire regime of the study area was determined for the last two decades. According to the wildfire statistics of the Corpo Forestale dello Stato (1986-2009 period) and wildfire perimeters documented by Borghesio (2009) - integrated with the geo-

referenced fire perimeters provided by the Land Managers of the MNR of Vauda for the period 1996-2009 -, from 1986 to 2009 the selected stands were impacted by three wildfires. After a relatively long period with an absence of fire, the first wildfire dated back to 08/03/1998 and covered an area of 270 ha; the second one occurred on 27/03/2003 with an area of 122 ha; and the third one burned on 24/03/2008 with an area of 222 ha.

The fire scar analysis confirmed that all stands experienced the same fire regime. In 2009, the majority of birch individuals of the upper layer showed two scars overlapping on the south-east side of the trunk (Fig. 3). The difference in the number of tree rings between cores extracted from the scar area and the non-scarred area ranged from 10 to 11 years. Consequently, the deeper scar corresponds to the 1998 fire, as reported by wildfire statistics of the study area. The overlapped scar is probably due to the 2003 wildfire, but it was not possible to determine by tree ring counting. The charred bark on

the south-east side of the trunk verified the 2008 wildfire. Average ( $\pm$  SE) scar heights of the 1998 and 2003 wildfires were  $1.35 \pm 0.05$  m and  $1.44 \pm 0.07$ , respectively, and were not significantly different among stands ( $F_{[2,41]} = 0.137$ ,  $P < 0.872$ ) and years ( $F_{[1,41]} = 2.466$ ,  $P < 0.124$ ). The average height of the charred bark after the 2008 wildfire was  $1.60 \pm 0.04$ . Consequently, the three wildfires behaved similarly: they were all winter fires occurring in the driest month of March in heath fuels; they all spread with the föhn wind from north-west to south-east; and finally they manifested a similar severity on the trunk as evidenced by fire-scar heights.

All stands showed the same age structure and dendrometric characteristics. Average values of variables observed in spring 2009, together with the results of the analysis of variance, are reported for each layer in Tab. 1. No significant differences were found among stands for most of the measured variables. Consequently, we can state that all stands belong to the same population and are representative of the encroachment dynamic



**Fig. 3** - Fire scars on a birch trunk of the upper-layer which are evidence of the fire regime of the area. The image shows two overlapped scars which correspond respectively to the 1998 and 2003 wildfires, while the charred bark is due to the 2008 wildfire.

**Tab. 1** - Average ( $\pm$ SE) value measured in spring 2009 for the following variables: tree density, species composition (Bp: *Betula pendula*, Pt: *Populus tremula*), crown damage (Class 1: live, Class 4: dead), age, diameter, tree height and area of the upper, lower and saplings layers. Results of the analysis of variance which tested significant differences among stands are reported below the variable mean. (\*):  $P < 0.05$ ; n.s.: no significant differences).

Layer	Upper	Lower	Saplings
Density (stem $ha^{-1}$ )	37 $\pm$ 8	51.106 $\pm$ 6.415 ( $F_{2,12} = 2.29$ ; $P < 0.18$ n.s.)	145.185 $\pm$ 12.157 ( $F_{2,27} = 0.46$ ; $P < 0.64$ n.s.)
Species composition (%)	100% Bp 0% Pt	13% Bp 87% Pt	6% Bp 94% Pt
Crown mortality (4 classes)	Class 1: 20%; Class 2: 20%; Class 3: 24%; Class 4: 36%	Class 1: 0%; Class 2: 0%; Class 3: 0%; Class 4: 100%	Class 1: 100%; Class 2: 0%; Class 3: 0%; Class 4: 0%
Age (yr)	21 $\pm$ 2.4 ( $F_{2,27} = 1.76$ ; $P < 0.19$ n.s.)	4.7 $\pm$ 0.1 ( $F_{2,12} = 0.25$ ; $P < 0.78$ n.s.)	1 -
Diameter (cm)	14.9 $\pm$ 0.7 ( $F_{2,27} = 0.27$ ; $P < 0.76$ n.s.)	2.1 $\pm$ 0.1 ( $F_{2,12} = 0.50$ ; $P < 0.62$ n.s.)	0.9 $\pm$ 0.06 ( $F_{2,27} = 0.58$ ; $P < 0.57$ n.s.)
Height (m)	9.5 $\pm$ 0.9 ( $F_{2,27} = 3.85$ ; $P < 0.34^*$ )	2.3 $\pm$ 0.1 ( $F_{2,12} = 0.90$ ; $P < 0.43$ n.s.)	0.61 $\pm$ 0.04 ( $F_{2,27} = 0.12$ ; $P < 0.89$ n.s.)
Area ( $m^2$ )	-	1721 $\pm$ 188	2645 $\pm$ 246

in relation to the fire regime of the area.

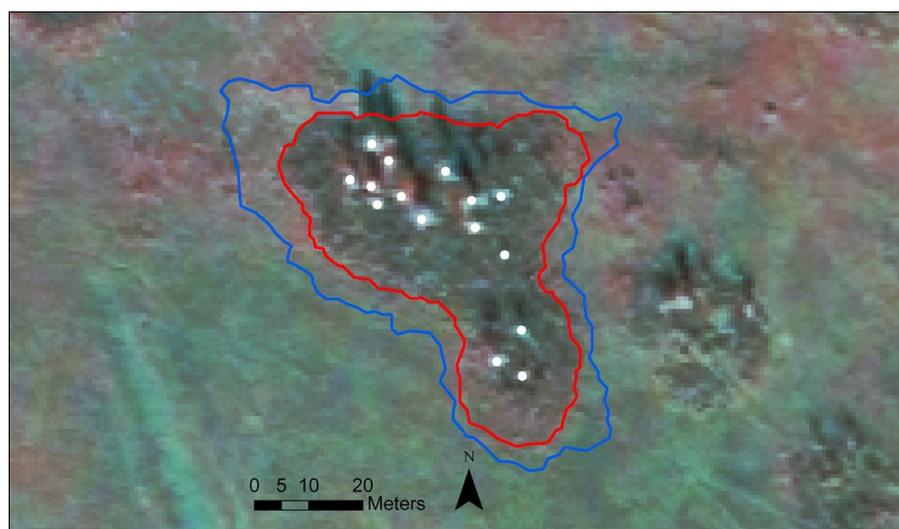
The upper layer was made up of only birch individuals with an average age of 21 years; consequently birches established at the end of 1980s. It is difficult to determine if their origin was gamic or agamic but the distribution of individuals could indicate a seed origin. Several authors report that birch establishes on bare soils, as the ability of seedlings to penetrate the canopy of *Calluna* is low, whereas in open conditions birch is at an advantage and can compete effectively with other species (Hester et al. 1991, Atkin-

son 1992, Reyes et al. 1997, Manning et al. 2004). Recently burned areas are ideal for germination of birch seeds and the establishment of seedlings: ash promotes seed germination and increases root growth during the most sensitive period of seedlings development, thus promoting their survival (Gimingham 1972, Atkinson 1992). Moreover, burning may remove allelopathic effects of the *Calluna* (Mugion 1996, Bonanomi et al. 2005). Consequently, we could suppose that birch individuals of the upper-layer established within the heathland as a con-

sequence of a disturbance in the mid-1980s. This disturbance event could be a wildfire, but no fire statistics are available for the study site before 1986.

What is certain is that most birch individuals of the upper-layer resisted the 1998, 2003 and 2008 wildfires. According to the crown mortality observed in 2009 (Tab. 1), only 36% of birch trees were dead (Class 4), whereas 20% of the individuals did not show crown mortality (Class 1). *Betula pendula*, in fact, has a moderate resistance to fire (Reyes et al. 1997). Preliminary results of a field fire experiment carried out at the MNR of Vauda (Ascoli 2008), which studied the effects of fire behaviour on the probability of tree mortality vs. stem diameter, showed that birch stem mortality decreases significantly for individuals with a diameter larger than 6 cm, both after fire fronts of low intensity ( $< 500$   $kW m^{-1}$ ) and of moderate intensity (500-2000  $kW m^{-1}$ ). Consequently, we could suppose that birch individuals of the upper layer, in the absence of fire from their establishment until 1998, managed to grow large enough that they were able to survive consecutive wildfires of moderate intensity in 1998, 2003 and 2008.

The lower-layer was made up of 87% *Populus tremula* and 13% *Betula pendula* with an average age of 4.7 years. All individuals were dead (Tab. 1). It is not clear if aspen established at the same time as birch, or entered the stand after birch was already present. It is known that fire promotes the germination of aspen seeds and early seedling development (Latva-Karjanmaa et al. 2005). Consequently, it could have established in the mid-1980s, after the same disturbance event that allowed birch establishment. We could also suppose that birches modified the environment, thus providing suitable sites for aspen (Manning et al. 2004). In any case, neither snags of aspen nor living individuals dated before 2003 were found in the stand. Consequently, aspen stems, which constituted the early stand, did not survive the 1998 or 2003 wildfires, and their snags were eliminated both by wood decay and by combustion. Nevertheless, the aspen capacity to regenerate asexually by root suckering in a disturbed environment has been well documented (Worrell 1995, Schimmel & Granström 1996, Latva-Karjanmaa et al. 2005, Chantal et al. 2005). After a fire, when apical dominance is reduced as a consequence of post-fire stem mortality, sucker-stimulating cytokinins increase in the roots where buds are protected from heat by the soil stratum, resulting in high sprout capability (Brown & De Byle 1987). This sprouting gives origin to thick coetaneous stands (Schimmel & Granström 1996). The lower-layer observed in 2009 was in fact an even-aged population with an average density equal to 51.106 stem



**Fig. 4** - Quickbird satellite image of one of the studied stands in 2004, to which it has been superimposed the position of birch individuals of the upper-layer (white dots), which are all included within the perimeter of the lower-layer (red line) which in turn is included within the perimeter of the saplings-layer (blue line).

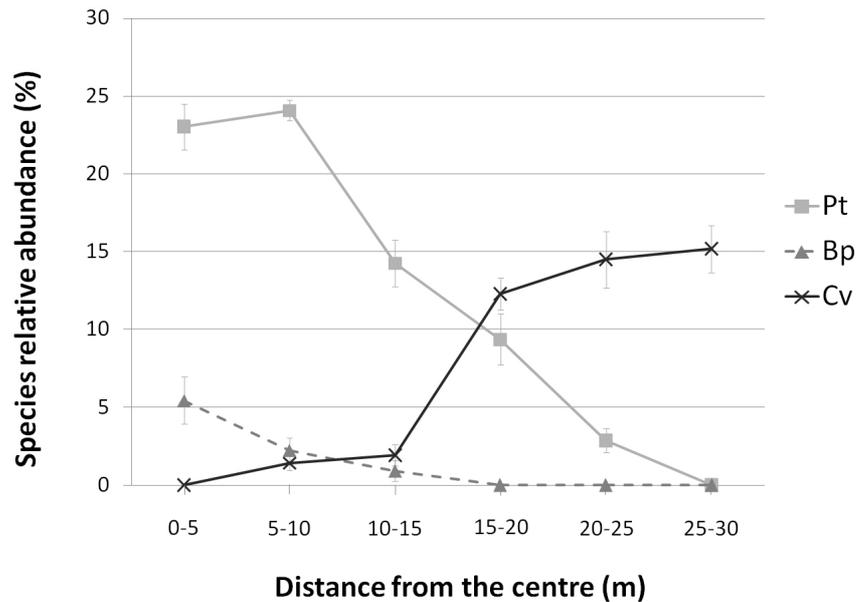
ha<sup>-1</sup>. Additionally, very little variability was found in stem diameter and height (Tab. 1). As a consequence of the stem mortality induced by the 2003 wildfire to the pre-fire lower-layer, we could suppose that birch in the lower-layer generated from stump suckering, and that aspen generated from root suckering. Subsequently, suckers grew until 2008 when a new wildfire induced 100% stem mortality, as individuals did not yet have the size that could have conferred them resistance traits. This result confirms previous studies which document 100% stem mortality for birch and aspen diameters lower than 6 cm (Brown & De Byle 1987, Ascoli 2008).

As a consequence of the lower-layer stem mortality induced by the 2008 wildfire, a new generation of suckers sprouted. The saplings-layer that originated showed a substantial increase in density up to 145 000 stem ha<sup>-1</sup>, 94% of which were aspen shoots of one year (Tab. 1).

An interesting result was obtained by analysing the horizontal structure of stands by superimposing the perimeters of stand layers in a GIS environment. In all stands, all the individuals of the upper-layer were included within the area of the lower-layer, which in turn was included within the area of the saplings-layer (Fig. 4). The average increase in area from the lower-layer to the saplings-layer was 154 ± 26 %. Consequently, stands showed a concentric encroachment dynamic, mainly due to aspen root suckering, whose steps of expansion coincided with the return intervals of wildfires.

The species composition of the grass and shrub understory showed substantial changes from the interior of the stand to the surrounding heathland. Linear regression analysis showed a significant decrease in species relative abundance (SCi) of aspen ( $P < 0.01$ ;  $R^2 = 0.84$ ) and birch ( $P < 0.01$ ;  $R^2 = 0.34$ ), and a significant increase of *Calluna* ( $P < 0.01$ ;  $R^2 = 0.72$ ), at increasing distances from the stand centre (Fig. 5). The *Calluna* distribution showed a marked rise at a distance between 15-20 m from the centre, which corresponds to the new encroached area by aspen suckers after the 2008 wildfire. At larger distances, it stabilizes around 12%, which is in accordance with the SCi observed at the second vegetative season after experimental fires conducted in the MNR of Vauda to test *Calluna* regeneration rates in absence of tree encroachment (Ascoli 2008).

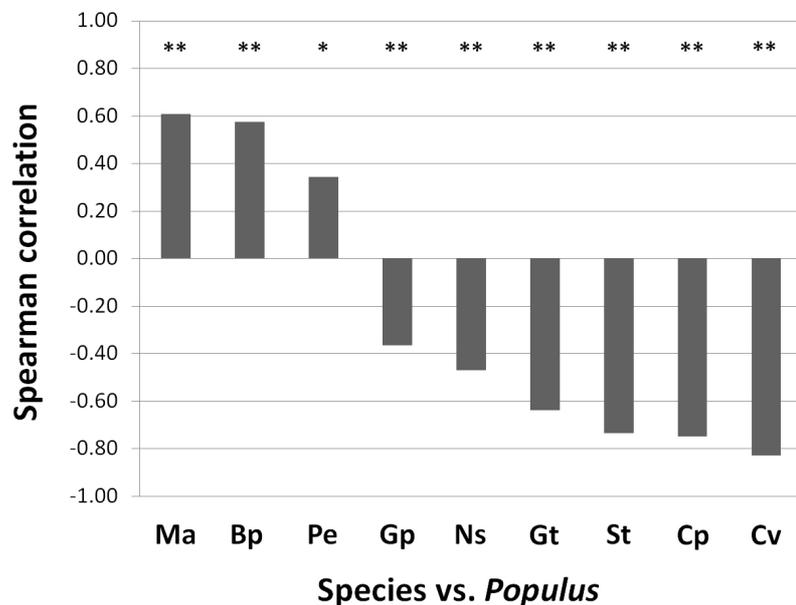
The marked difference in species relative abundance between the interior of the stand and the surrounding heathland was related to aspen density. The Spearman correlation coefficients between the SCi of heathland species vs. aspen are reported (Fig. 6). *Molinia arundinacea* was positively correlated to aspen, denoting its strong competi-



**Fig. 5** - Species relative abundance (SCi) along a gradient from the interior of the stand to the surrounding heathland habitat in 2009. Graphs represents average SCi (±SE) for progressive distances from the stand centre of the following species: Pt: *Populus tremula*; Bp: *Betula pendula*; Cv: *Calluna vulgaris*.

tiveness under the tree cover and its marked resilience to fire (Brys et al. 2005). By contrast, *Gentiana pneumonanthe* L., *Nardus stricta* L., *Genista tinctoria* L., *Serratula tinctoria* L., *Carex panicea* L. and *Calluna*

*vulgaris*, which characterise the heathland habitat of this portion of the MNR of Vauda (Mugion 1996, Regione Piemonte 2004), were negatively correlated to aspen.



**Fig. 6** - Spearman rank correlation coefficients and significance (\*\*:  $P < 0.01$ ; \*:  $P < 0.1$ ) between the SCi of species which characterize the heathland habitat and the SCi of aspen assessed along transects (N = 72 estimates). Species abbreviations means: Ma: *Molinia arundinacea*, Bp: *Betula pendula*, Pe: *Potentilla erecta*, Gp: *Gentiana pneumonanthe*, Ns: *Nardus stricta*, Gt: *Genista tinctoria*, St: *Serratula tinctoria*, Cp: *Carex panicea*, Cv: *Calluna vulgaris*.

## Conclusions

The present study enabled a deeper understanding of the ecological processes involved in birch and aspen encroachment dynamics in *Calluna*-heathlands of north-west Italy. Fire is one of the main determinants that trigger transition towards woodlands. Fire provides suitable sites for birch and aspen seed germination and seedling establishment by removing the vegetation cover and depleting allelopathic compounds, as previously observed by Borghesio (2009) and Mugion (1996). After initial establishment, woodland encroachment is mainly due to aspen agamic regeneration by root suckering after post-fire stem mortality, as evidenced by the present study. Moreover, aspen is the main species that determines the loss of heathland characteristic species, as previously observed by several authors (Mugion 1996, Regione Piemonte 2004, Sindaco et al. 2003, Borghesio 2009).

Consequently, fire acts as a catalyst not only for tree establishment, but also for tree stand expansion in the heathland. After each fire event, isolated stands enlarge their area until they merge together. This expansion dynamic also takes place at the border between the heathland habitat and the surrounding birch and aspen forests, thus determining the enclosure of the remaining patches of the heathland. This thesis could explain the increasing rate of transition from heathlands to woodlands, which characterised recent landscape dynamics in the MNR of Vauda (Regione Piemonte 2004, Borghesio 2009) in correspondence with the increase in fire frequency due to the irrational use of fire by shepherds over last two decades.

Consequently, the current pastoral practices, characterized by the frequent use of fire with a return interval from 1 to 5 years over large areas, and the decrease in grazing stock rate (Borghesio 2009), are primarily responsible for the loss of the heathland habitat. The reintroduction of traditional burning practices by prescribed burning (FAO 2006), integrated with rational grazing has been applied in many heathland management programs throughout Europe (Hobbs & Gimingham 1987, Goldammer et al. 2007, Davies et al. 2008), and testing its feasibility for tree control and heathland conservation management in north-west Italy is currently the object of experimental studies (Ascoli et al. 2009, Lonati et al. 2009). The debate over burning prescriptions, namely the fire-treatment frequency, season and behaviour presents the next research questions to be addressed.

## Acknowledgments

The authors thanks Pilan Emanuele, for his contribution to the field work, and the land managers of the Managed Nature Reserve of

Vaуда, for providing information about the fire regime of the area.

## References

- Angiolini C, Foggi B, Viciani D, Gabellini A (2007). Acidophytic shrubland in the north-west of the Italian peninsula: ecology, chorology and syntaxonomy. *Plant Biosystems* 141 (2): 134-163. - doi: [10.1080/11263500701401315](https://doi.org/10.1080/11263500701401315)
- Ascoli D (2008). Developing a prescribed burning expertise in Italy: learning fire experiments. PhD thesis, Università degli Studi di Torino. [online] URL: <http://www.eufirelab.org/toolbox2/library/upload/2555.pdf>
- Ascoli D, Beghin R, Ceccato R, Gorlier A, Lombardi G, Lonati M, Marzano R, Bovio G, Cavallero A (2009). Developing an adaptive management approach to prescribed burning: a longterm heathland conservation experiment in north-west Italy. *International Journal of Wildland Fire* 18: 727-735. - doi: [10.1071/WF07114](https://doi.org/10.1071/WF07114)
- Atkinson MD (1992). *Betula Pendula* Roth (B. Verrucosa Ehrh.) and *B. Pubescens* Ehrh. *Journal of Ecology* 80 (4): 837-870. - doi: [10.2307/2260870](https://doi.org/10.2307/2260870)
- Bartolomé J, Plaixats J, Fanlo R, Boada M (2005). Conservation of isolated Atlantic heathlands in the Mediterranean region: effects of land-use changes in the Montseny biosphere reserve (Spain). *Biological Conservation* 122: 81-88. - doi: [10.1016/j.biocon.2004.05.024](https://doi.org/10.1016/j.biocon.2004.05.024)
- Bonanomi G, Legg C, Mazzoleni S (2005). Autoinhibition of germination and seedling establishment by leachate of *Calluna vulgaris* leaves and litter. *Community Ecology* 6 (2): 203-208. - doi: [0.1556/ComEc.6.2005.2.8](https://doi.org/10.1556/ComEc.6.2005.2.8)
- Borghesio L (2009). Effects of fire on the vegetation of a lowland heathland in North-western Italy. *Plant Ecology* 201: 723-731. - doi: [10.1007/s11258-008-9459-1](https://doi.org/10.1007/s11258-008-9459-1)
- Brown RJ, De Byle NV (1987). Fire damage, mortality and suckering in aspen. *Canadian Journal Forest Research* 17: 1100-1109. - doi: [10.1139/x87-168](https://doi.org/10.1139/x87-168)
- Brys R, Jacquemyn H, De Blust G (2005). Fire increases aboveground biomass, seed production and recruitment success of *Molinia caerulea* in dry heathland. *Acta Oecologica* 28: 299-305. - doi: [10.1016/j.actao.2005.05.008](https://doi.org/10.1016/j.actao.2005.05.008)
- Cesti G (1990). Il vento e gli incendi boschivi. Indagine sulla ventosità invernale in Valle d'Aosta. Regione Autonoma Valle d'Aosta, Aosta, Italy.
- Chantal M, Kuuluvainen T, Lindberg H, Vanha-Majamaa I (2005). Early regeneration of *Populus tremula* from seed after forest restoration with fire. *Scandinavian Journal of Forest Research* 20 (6): 33-42. - doi: [10.1080/14004080510040968](https://doi.org/10.1080/14004080510040968)
- Daget P, Poissonet J (1971). Une méthode d'analyse phytologique des prairies. *Annales Agronomiques* 22: 5-41.
- Davies GM, Gray A, Hamilton A, Legg C (2008). The future of fire management in the British uplands. *The International Journal of Biodiversity Science and Management* 4 (3): 127-147. - doi: [10.3843/Biodiv.4.3.1](https://doi.org/10.3843/Biodiv.4.3.1)
- Ellenberg H (1988). *Vegetation ecology of central Europe*. Cambridge University Press, Cambridge, UK and New York, USA.
- FAO (2006). *Fire management: voluntary guidelines. Principles and strategic actions*. Fire management working paper 17. Rome, Italy. [online] URL: [www.fao.org/forestry/site/35853/en](http://www.fao.org/forestry/site/35853/en)
- Garbarino M, Lingua E, Pividori M, Motta R (2006). Agro-forest landscape dynamics during the last 50 years: the case study of two north-western Italian parks. In: "Patterns and processes in forest landscapes. Consequences of human management" (La Fortezza R, Sanesi G eds). *Accademia Italiana di Scienze Forestali*, Florence, Italy, pp. 235-240.
- Gimingham CH (1960). *Calluna* Salisb. *The Journal of Ecology* 48 (2): 455-483. - doi: [10.2307/2257528](https://doi.org/10.2307/2257528)
- Gimingham CH (1972). *Ecology of heathlands*. Chapman and Hall, London, UK.
- Gimingham CH (1987). Harnessing the winds of change: heathland ecology in retrospect and prospect: presidential address to the British ecological society. *The Journal of Ecology* 75 (4): 895-914. - doi: [10.2307/2260302](https://doi.org/10.2307/2260302)
- Goldammer JG, Hoffmann G, Bruce M, Kondrashov L, Verkhovets S, Kisilyakhov YK, Rydkvist T, Page H, Brunn E, Lovén L, Eerikäinen K, Nikolov N, Chuluunbaatar TO (2007). The Eurasian fire in nature conservation network (EFNCN): advances in the use of prescribed fire in nature conservation, landscape management, forestry and carbon management in temperate-boreal Europe and adjoining countries in South-east Europe, Caucasus, Central Asia and Northeast Asia. In: *Proceeding of IV International "Wildland Fire Conference"*, Sevilla, Spain.
- Hester AJ, Miles J, Gimingham CH (1991). Succession from heather moorland to birch woodland. Experimental alteration of specific environmental condition in the field. *Journal of Ecology* 79 (2): 303-315. - doi: [10.2307/2260714](https://doi.org/10.2307/2260714)
- Hobbs RJ, Gimingham CH (1987). Vegetation, fire and herbivore interaction in heathland. *Advanced Ecology Research* 16: 87-173. - doi: [10.1016/S0065-2504\(08\)60088-4](https://doi.org/10.1016/S0065-2504(08)60088-4)
- Kayll AJ, Gimingham CH (1965). Vegetative regeneration of *Calluna vulgaris* after fire. *The Journal of Ecology* 53: 729-734. - doi: [10.2307/2257631](https://doi.org/10.2307/2257631)
- Latva-Karjanmaa T, Suvanto L, Leinonen K, Rita H (2005). Sexual reproduction of European aspen (*Populus tremula* L.) at prescribed burned site: the effects of moisture conditions. *New Forests* 31: 545-558. - doi: [10.1007/s11056-005-2742-2](https://doi.org/10.1007/s11056-005-2742-2)
- Lonati M, Gorlier A, Ascoli D, Marzano R, Lombardi G (2009). Response of the alien species *Panicum acuminatum* to disturbance in an Italian lowland heathland. *Botanica Helvetica* 119 (2): 105-111. - doi: [10.1007/s00035-009-0063-3](https://doi.org/10.1007/s00035-009-0063-3)
- Mallik AU, Hobbs RJ, Legg CJ (1984). Seed dynamics in *Calluna*-arctostaphylos heath in north-eastern Scotland. *The Journal of Ecology* 72 (3): 855-871. - doi: [10.2307/2259536](https://doi.org/10.2307/2259536)

- Manning P, Putwain PD, Webb NR (2004). Identifying and modelling the determinants of woody plant invasion of lowland heath. *Journal of Ecology* 92: 868-881. - doi: [10.1111/j.0022-0477.2004.00922.x](https://doi.org/10.1111/j.0022-0477.2004.00922.x)
- Mitchell RJ, Marrs RH, Le Duc MG, Auld MHD (1997). A study of succession on lowland heaths in Dorset, southern England: changes in vegetation and soil chemical properties. *Journal of Applied Ecology* 34: 1426-1444. - doi: [10.2307/2405259](https://doi.org/10.2307/2405259)
- Mugion LG (1996). Vegetational aspects of *Calluna* heathlands in the western Po plain (Turin, NW Piedmont, Italy). *Allionia* 34: 343-348.
- Pavari A (1927). L'azione antropica sulla vegetazione forestale in rapporto alla fitogeografia. *Italian Military Geographic Institute* 8: 873-896.
- Poldini L, Oriolo G, Francescato F (2004). Mountain pine scrubs and heaths with *Ericaceae* in the south-eastern Alps. *Plant Biosystems* 138 (1): 53-85. - doi: [10.1080/11263500410001684125](https://doi.org/10.1080/11263500410001684125)
- Read DJ, Leake JR, Perez-Moreno J (2004). Mycorrhizal fungi as drivers of ecosystem processes in heathland and boreal forest biomes. *Canadian Journal of Botany* 82: 1243-1263. - doi: [10.1139/b04-123](https://doi.org/10.1139/b04-123)
- Regione Piemonte (2004). Conservazione e gestione della flora e degli habitat nelle Alpi occidentali del sud. Atti finali Progetto Interreg IIIA, Regione Piemonte, Turin, Italy.
- Reyes O, Casal M, Trabaud L (1997). The influence of population, fire and time of dissemination on the germination of *Betula pendula* seeds. *Plant ecology* 133: 201-208. - doi: [10.1023/A:1009751513547](https://doi.org/10.1023/A:1009751513547)
- Robinson RK (1972). The production by roots of *Calluna vulgaris* of a factor inhibitory to growth of the mycorrhizal fungus. *Journal of Ecology* 60 (1): 219-244. - doi: [10.2307/2258051](https://doi.org/10.2307/2258051)
- Rode MW (1999). Influence of forest growth on former heathland on nutrient input and its consequences for nutrition and management of heath and forest. *Forest Ecology and Management* 114: 31-43. - doi: [10.1016/S0378-1127\(98\)00488-5](https://doi.org/10.1016/S0378-1127(98)00488-5)
- Sartori F, Pirola A, Bracco F (2004). Gli habitat della Regione Lombardia: stato di conservazione e loro mappatura sul territorio. Regione Lombardia, Milan, Italy.
- Schimmel J, Granström A (1996). Fire severity and vegetation response in the boreal Swedish forest. *Ecology* 77: 1436-1450. - doi: [10.2307/2265541](https://doi.org/10.2307/2265541)
- Sindaco R, Mondino GP, Selvaggi A, Ebone A, Della Beffa G (2003). Guida al riconoscimento di ambienti e specie della direttiva habitat in Piemonte. Regione Piemonte - IPLA, Turin, Italy.
- SPSS (2007). SPSS for Windows, Rel. 16.0.1. SPSS Inc, Chicago, USA.
- Webb NR (1998). The traditional management of European heathlands. *Journal of Applied Ecology* 35 (6): 987-990. - doi: [10.1111/j.1365-2664.1998.tb00020.x](https://doi.org/10.1111/j.1365-2664.1998.tb00020.x)
- Worrell R (1995). European aspen (*Populus tremula* L.): a review with particular reference to Scotland. I. Distribution, ecology and genetic variation. *Forestry* 68 (2): 93-105. - doi: [10.1093/forestry/68.2.93](https://doi.org/10.1093/forestry/68.2.93)